Off-Campus Referrals

If you choose to go to an independent practice outside of the F&M campus, you should consider whether the psychotherapists have training in your area of concern, how much they charge, whether they accept your insurance, the ease of getting to the office, and other considerations.

## Therapy

<table>
<thead>
<tr>
<th>Provider:</th>
<th>Specialty areas:</th>
<th>Insurance accepted:</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Tama Goodman, LCSW</strong>&lt;br&gt;313 W. Liberty Street&lt;br&gt;Suite 253&lt;br&gt;Lancaster, PA 17603&lt;br&gt;717-380-2199&lt;br&gt;<a href="mailto:talktotama@gmail.com">talktotama@gmail.com</a>&lt;br&gt;(Handicapped accessible)</td>
<td>Please call for more information</td>
<td>Please call for more information</td>
</tr>
<tr>
<td><strong>Alexis Lake, LSW</strong>&lt;br&gt;100 Highlands Drive&lt;br&gt;Suite 301C&lt;br&gt;Lititz, PA 17543&lt;br&gt;717-757-3757&lt;br&gt;<a href="mailto:alaketherapy@gmail.com">alaketherapy@gmail.com</a></td>
<td>Gender identity, trauma, depression, anxiety, sexual relationship problems, sexual abuse, medical &amp; health concerns</td>
<td>Highmark, Carebridge Corporation, WellSpan’s EAP, Mazzitti &amp; Sullivan’s EAP</td>
</tr>
<tr>
<td><strong>Campus Wellness Partners</strong>&lt;br&gt;Betty Edgington, PhD&lt;br&gt;313 W. Liberty Suite 350&lt;br&gt;Lancaster, PA 17603&lt;br&gt;717-947-4750&lt;br&gt;www.campuswellpartners.com&lt;br&gt;(Handicapped accessible)</td>
<td>Dialectical behavior therapy, cognitive behavioral therapy, anxiety/depression, ADHD, learning differences, life transitions, and adjustment disorders</td>
<td>Highmark, Cash or Credit Card</td>
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<tr>
<td><strong>Laura Morse, LPC</strong>&lt;br&gt;50 N. Queen Street&lt;br&gt;Lancaster, PA 17603&lt;br&gt;301-960-8991&lt;br&gt;<a href="mailto:laura@sunpointwellness.com">laura@sunpointwellness.com</a></td>
<td>Individual &amp; couples LGBTQ therapy, life transitions, relationships, and sexual issues</td>
<td>Highmark</td>
</tr>
<tr>
<td>Name</td>
<td>Address</td>
<td>Services</td>
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<tr>
<td>Thalia Moshos, PsyD</td>
<td>222 East Orange Street, Suite 201, Lancaster, PA 17602</td>
<td>Eating disorders, depression, anxiety, trauma, body image, self-harm, adjustment difficulties</td>
</tr>
<tr>
<td>Anita Pilkerton-Plumb, LCSW</td>
<td>424 West James Street, Lancaster, PA 17603</td>
<td>Trauma abuse and recovery, adoption, foster care, autism, selective mutism, self-injury, gender and sexuality issues, depression and anxiety</td>
</tr>
<tr>
<td>Psychological Associates of Lancaster</td>
<td>2741 Lititz Pike, Lancaster, PA 17601</td>
<td>Please consult website for more information <a href="http://lancasterpsych.com/our_services">http://lancasterpsych.com/our_services</a></td>
</tr>
<tr>
<td>Rost &amp; Associates</td>
<td>822 Marietta Ave., Suite 24, Lancaster, PA 17603</td>
<td>Individual, couples and family therapy, anxiety and panic disorders, eating disorders, life transitions, stress-related medical disorders, relaxation training</td>
</tr>
<tr>
<td>Jane Weierbach, Ph.D.</td>
<td>1630 Manheim Pike, Suite 4, Lancaster, PA 17601</td>
<td>Experienced with cognitive behavioral therapy, ADHD, learning differences, depression/anxiety, chronic pain, abuse, trauma</td>
</tr>
</tbody>
</table>
YMCA Sexual Assault Counseling
110 N. Lime Street
Lancaster, PA 17602
717-393-1735
ywca@ywcalancaster.org

Sexual assault
24-Hour Sexual Assault Hotline:
717-392-7273
No fee for services

Educational and Psychological Testing
Ann Woodland
Psychological Associates of Lancaster
2741 Lititz Pike
Lancaster, PA 17601
717-569-8511
www.lancasterpsych.com

Eugene DeLong, PhD
1801 Lititz Pike
Lancaster, PA 17601
215-510-0970
dreugenedelong@gmail.com

Neuropsychological Testing
Center for Neurobehavioral Testing
Regency Executive Offices
2173 Embassy Drive, Suite 366
Lancaster, PA 17603
717-392-6061
www.centerforneurohealth.org

Virtual Based Writing Tutor
(specializes in working with students who have language-based learning disabilities)
Jennifer Shea Auerhan
JenSheaSLP@msn.com
410-790-8097

Medical Equipment for Loan
Jewish Family Services of Lancaster
75 East James Street
P 717-537-1863 W jfshelps@jflancaster.org