

Modified Quarantine at F&M

Frequently Asked Questions

What is a modified quarantine?

In a modified quarantine, students are permitted to leave their room only to go to the restroom, to get “grab-and-go” food from a campus dining facility, or to receive other urgent medical services (like testing) or supplies. Students must participate in their classes and campus activities remotely until they are released from quarantine.

When are students released from modified quarantine?

Students in modified quarantine will be released when they receive notice from the Broad Institute that their test result is negative. If you receive a positive test result, you will be contacted by the Student Wellness Center (SWC).

Are students allowed to leave their room to get food? What campus dining options are available to them?

During a modified quarantine, students are allowed to pick up grab-and-go meals from any campus dining facility, including the Dining Hall, Blue Line, and College Center. However, students must eat their meals in their rooms and they must strictly adhere to physical distancing and mask wearing when going to and from dining facilities.

What should students do if they have another urgent need, such as medical supplies or a prescription?

Students are permitted to have urgently-needed medical items delivered to their residence. Certain pharmacies (including the CVS on Harrisburg Ave.) will deliver these items.

Can students living in residence halls with shared laundry facilities do their laundry when in a modified quarantine?

No. Residents of a residence hall in modified quarantine are not permitted to do laundry until their quarantine status has changed.

Can students who are in modified quarantine hang out in person with other residents who are also in modified quarantine in their residence hall?

No. The only times students are permitted to leave their rooms is to go to the restroom, to get food from a campus dining facility, or to receive other urgent medical services (like testing) or supplies. We encourage students to engage in virtual activities with their friends, classmates, teammates, clubs, and organizations.

How can students still be safe when sharing a bathroom?

The same safety protocols apply as before:

- Wear a mask whenever you leave your room.
- Keep a distance of 6 or more feet between you and other students (even if they are masked).
- Do not spend extended time in a confined space indoors with others.
- When using shared restroom (and other) facilities, the best practice is to clean surfaces (with wipes) before and after you touch them. Please be sure to dispose of wipes in trash cans (not toilets) to prevent clogs.
- Wash your hands (or use hand sanitizer) frequently, especially before you return to your room.

Are students allowed to leave campus to go home or stay in a hotel?

Students should not leave campus while under quarantine. Single rooms are safer than other public spaces, especially when students follow the safety protocols and stay among people who are also being tested. However, if a student feels they have an urgent need to leave campus, they should contact their house dean. There are some very limited circumstances where a departure from campus might be approved, but it is critical that students communicate with the College, as there is an important protocol to follow before returning.

What should students do if they need to quarantine but have a job or obligation?

Students are not permitted to leave their rooms to study or go to work or other activities (either on or off campus). Student workers need to notify their employers that they will not be able to work until they are released from modified quarantine. (If your work can be done remotely, you are allowed to do so by the College, but you would need to make the necessary arrangements with your employer.)

What should a student do if they are feeling sick?

The College has a [protocol for students who think they may have been exposed to, or are experiencing symptoms of, COVID-19](#), which is available in the [Health and Safety section](#) of the pandemic operations page on our website. This protocol includes resources and information on what to do if you develop symptoms outside of Student Wellness Center hours.

What should students do if they are feeling anxious, depressed, or stressed because of modified quarantine?

We encourage students to contact their HA or House Dean or Don. There is also help available 24 hours per day for more serious situations. To access that help, call the Student Wellness Center (717-544-9051) and stay on the line to reach the counselor on call.