

Protocol for students who think they may have been exposed to, or are experiencing symptoms of, COVID-19

If you think you have been exposed to COVID-19 or are experiencing symptoms such as respiratory symptoms, loss of taste or smell, fever, cough, shortness of breath and breathing difficulties, please seek treatment as follows:

If you are experiencing a medical emergency:

Call the Department of Public Safety at 717-358-3939 or dial 911.

If you are seeking treatment during Student Wellness Center Hours (Monday through Friday from 8:30 a.m. to 4:30 p.m.):

Call the Student Wellness Center at 717-544-9051. Please do not go to the Student Wellness Center without calling first. During your phone call, you will be asked a series of questions to determine next steps.

If you are seeking treatment outside Student Wellness Center Hours at Urgent Care, please CALL first. Providers can direct you to whether or not you need to be seen in person.

The Urgent Care closest to campus is Lancaster General Health Urgent Care at 540 N Duke Street, which is approximately one mile off campus. It is open Monday through Friday from 5 p.m. to midnight and Saturday and Sunday from 9 a.m. to midnight.

There is another nearby Lancaster General Health Urgent Care at 2118 Spring Valley Road which is approximately three miles off campus. It is open Monday through Friday 9 a.m. to 9 p.m. and Saturday and Sunday from 8 a.m. to 8 p.m..

You can reserve your spot in line at either of the above urgent care locations or see what the wait is by going to www.LGHealthUrgentCare.org

Virtual appointments with a medical provider are available through PennMedicineOnDemand. You can schedule a virtual visit by calling 717-544-2222. Learn more about PennMedicineOnDemand at www.lancastergeneralhealth.org/ondemand.

You may also call the Department of Health at 1-877-724-3258 for information on treatment options.

Additional important information:

- Please do not stop by your House Dean's Office or other offices to report you are not feeling well. Take the steps listed above to practice physical distancing.
- Please call the Student Wellness Center first before going in person. The Student Wellness Center will help you with next steps.
- Please see the [COVID-19 Information page](#) for additional information provided by the Student Wellness Center.

You have received a positive test result for COVID-19. Now what?

If you have received a positive test result, please quarantine in place so as to prevent the spread of the virus to others. The Student Wellness Center (SWC) will also be notified of your results and will contact you as soon as possible if you have tested through the College or through the LGHealth system. If you have taken a test from a provider outside of LGHealth, please contact the Student Wellness Center when you receive your result.

Please remember your test results are private information. Hold on contacting roommates, faculty members, House Deans or F&M staff until you hear from the SWC.

The SWC will contact you, obtain more information and discuss plans for isolation or quarantine, including moving you to Schnader Hall, F&M's quarantine and isolation dormitory. The College's coordinator will instruct you to meet DPS with the key to your assigned room in Schnader. Please gather everything you might need for up to two weeks' time. Of course, if you forget necessary items, arrangements can be made to bring them to you.

To read more about quarantine and isolation: <https://www.fandm.edu/fall-2020-reopening-plan/healthsafety/covid-19-quarantine-and-isolation>

Please be sure to follow all instructions provided by the Student Wellness Center and logistical instructions provided by the Quarantine/Isolation Coordinator.

The SWC followed by the Q/I Coordinator will notify when you are released from isolation or quarantine.

If you have any questions, please contact the Department of Public Safety at 717-358-3939.

The College is here to support and guide you through F&M's processes. Thank you for doing your part and working together to keep F&M safe!